

January

1/9/2018 Managing Your Emotions

1/22/2018 Road to Wellness - Adults

1/23/2018 Encontrando sus Fortalezas (Spanish Women's Empowerment)

February

2/26/2018 Co-Parenting Classes

March

03/13/2018 Love & Logic Parenting Classes (at PCOE Seavey Center, 655 Menlo Dr., Rocklin, CA 95765)

April

04/10/2018 Camino Hacia el Bienestar (Spanish Road to Wellness Group)

04/23/2018 Road to Wellness – Adults Group

May

05/01/2018 Managing Your Emotions

July

07/10/2018 Manejando sus Emociones, la Ira Mas (Spanish Managing your Emotions)

COMING THIS SUMMER! Women's Empowerment

JANUARY

s	m	t	w	t	f	s
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

s	m	t	w	t	f	s
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MARCH

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APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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