

**Does your relationship  
feel broken?**

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**Would you like to  
improve trust?**

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**Does “Happily Ever After”  
feel out of reach?**

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**Would you like to  
improve communication?**

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**Call now!**



**LIGHTHOUSE COUNSELING &  
FAMILY RESOURCE CENTER**

**Call for an intake appointment.  
916.645.3300**

Website: [www.lighthousefrc.org](http://www.lighthousefrc.org)

## **NEW THIS FALL!**

### **COUPLES COUNSELING**

Privately held *Virtual counseling sessions* by  
Lighthouse Staff via no cost GoToMeeting  
phone or computer app.

**Call our main number 916.645.3300  
for a Lighthouse intake appointment.**

*The County of Placer Mental Health Services Act (MHSA)  
has provided funding and First5 Placer.  
(No cost to participants)*