

## In-Home Visitation Services

- Refer clients to needed resources
- Provide diapers and car seats
- Postpartum depression awareness
- Early childhood developmental screening
- Provide reading materials to promote early childhood literacy
- Whole family basic needs assessment



## No-cost New Mom Home Visitation Program

***We are here to help!***

**IN-HOME FAMILY SUPPORT VISITS**

**Call today for your no-cost visit!  
(916) 645-3300**

Lighthouse Home Visitor may assist with  
diapers, gift cards for food, gas or  
clothing, children's books, address  
questions regarding WIC assistance,  
Medi-Cal and Cal-Fresh sign-ups  
and assist with other needed resources.

## LIGHTHOUSE COUNSELING AND FAMILY RESOURCE CENTER

110 Gateway Drive, Suite 210  
Lincoln, CA 95648

Main Line: (916) 645-3300  
Website: [www.LighthouseFRC.org](http://www.LighthouseFRC.org)

