

WHY DONATE DISPOSABLE DIAPERS?

7 FACTS ABOUT DIAPER NEED



- One in 2 families struggles to afford diapers for their children.
- Families are often forced to make a choice between diapers and other basic needs such as food, utilities, or even rent.
- Government assistance programs such as CalFresh and WIC do not cover the cost of diapers. Currently, state law classifies diapers in the same category as cigarettes, alcohol, and pet food as invalid purchases.
- Babies who remain too long in a soiled diaper are exposed to potential health risks such as rashes and infections.
- Families struggling with diaper need live in home environments with more tension and depression. Babies growing up in these environments have a lower chance to develop cognitive abilities and language skills.

Most child care centers require parents to provide a one-day supply of disposable diapers. When parents run out,

- they are forced to withdraw their children from child care. Without proper child care, parents cannot work to support their families and cannot attend the schooling that will help them provide a stronger economic base for their families.

Cloth diapers are often not an option. Even if parents had the money for and transportation to a laundromat, many

- laundry facilities do not allow cloth diapers for sanitary reasons.

HOW CAN I HELP?

- Donate disposable diapers during a diaper drive or bring them to our office during our normal business hours. We even accept partial bags of unused diapers that your child may have outgrown.
- Host your own Diaper Drive with your business or organization. Call us at [\(916\) 645-3300](tel:9166453300) for more information about scheduling a diaper drive or any of our other Lighthouse programs.
- Spread awareness of the need for diapers through your sphere of influence.

Go to nationaldiaperbanknetwork.org for further information and education about this topic.



Lighthouse Counseling and Family Resource Center is a 501c3 nonprofit organization.