

# Mental Health Emergencies

In the event of a mental health emergency, please contact the following local community resources for assistance.

# **General Emergency**

# **CALL 911**

National Suicide Prevention & Crisis Lifeline

CALL 988

OR

Text "GO" to 741741

## Suicide Prevention Hotlines

Lincoln	916-645-8866	Suicide Prevention Hotline
Auburn	530-885-2300	Suicide Prevention Hotline
Roseville	916-773-3111	Suicide Prevention Hotline

### 24 Hour Crisis Hotlines- Suicide Prevention

Lincoln Police Department	916-645-4040	770 7 <sup>th</sup> St Lincoln, CA 95648
STAND UP PLACER – Crisis line	800-575-5352	Safe house for victims of domestic violence, sex trafficking, sexually exploited.
Placer County Mental Health- ADULTS	1-888-886-5401 or 916-787-8860	Adult Crises & Intake
Placer County Mental Health- CHILDREN	1-866-293-1940 or 916-872-6549	Child and Family Crisis and Intake

## Additional Resources

Trevor Project- LGBTQ	866-488-7386	Text "START" to 678678
Teen Line	800-852-8336	Text "TEEN" to 83963
STAND UP PLACER- Auburn	530-885-0443	M-F 8-4:30 / Domestic violence
STAND UP PLACER- Roseville	916-773-7273	M-F 8-4:30 / Domestic violence
Placer County Access Service	916-872-6549	Child Protective Services / Child-Family Crisis

#### Hospitals

Sutter Roseville Medical Center	916-781-1000	1 Medical Plaza Dr., Roseville, CA 95661
Cirby Hills Hospital/ Mental Health	916-787-8800	101 Cirby Hills Dr., Roseville, CA 95678
Heritage Oaks Hospital	916-489-3336	4250 Auburn Blvd, Sacramento, CA 95841
Kaiser Roseville Medical Center	916-784-4000	1600 Eureka Rd., Roseville, CA 95661