

Gain insights for:

- Improving communication
- Creating emotional intimacy
- Building trust
- Enhancing relationship skills
- Creating connections



LIGHTHOUSE COUNSELING AND FAMILY RESOURCE CENTER

110 Gateway Drive, Suite 210
Lincoln, CA 95648

Main Line: (916) 645-3300

Website: www.LighthouseFRC.org

To register contact:

Laura McCuan, AMFT #123869
(916) 408-6946

Laura@LighthouseFRC.org

Supervised by Eireann Smith, LMFT #106515

Scan QR code below to send email registration inquiry to class facilitator.



The Couple's Toolbox

Join us in this 4 week class
to learn skills and tips
to improve your marriage.

Spring 2025
Date and Location
To Be Determined

You must be a Placer County resident to attend.

The County of Placer Mental Health Services Act (MHSA) has provided funding.