

Gain insights for:

- Improving communication
- Creating emotional intimacy
- Building trust
- Enhancing relationship skills
- Creating connections



LIGHTHOUSE COUNSELING AND FAMILY RESOURCE CENTER

110 Gateway Drive, Suite 210
Lincoln, CA 95648
Main Line: (916) 645-3300
Website: www.LighthouseFRC.org

To register contact:
Laura McCuan, LMFT #147019
(916) 408-6946
Laura@LighthouseFRC.org

Scan QR code below to send email registration inquiry to class facilitator.



The Couple's Toolbox

Join us in this 4 week class
to learn skills and tips
to improve your marriage.

April 3rd - 24th, 2025
Thursdays from 5:30-6:30pm

LOCATION:
110 Gateway Drive, Suite 230
Lincoln, CA 95648

You must be a Placer County resident to attend.

The County of Placer Mental Health Services Act (MHSA)
has provided funding.