

- Create a foundation of good behavior and healthy decision-making for your child
- Nurture an authentic and loving connection between parent and child
- 45 years of proven results



## LIGHTHOUSE COUNSELING AND FAMILY RESOURCE CENTER

110 Gateway Drive, Suite 210  
Lincoln, CA 95648  
Main Line: (916) 645-3300  
Website: [www.LighthouseFRC.org](http://www.LighthouseFRC.org)

**To register contact:**  
**Ashley Roberts, LPCC #17031**  
**(916) 408-6617**  
**[Ashley@LighthouseFRC.org](mailto:Ashley@LighthouseFRC.org)**

Scan QR code below to send email registration inquiry to class coordinator.



## Love and Logic Parenting Class

Join us for a 6-week educational support group to develop your parenting skills. This class teaches tools and techniques to make parenting fun and rewarding, instead of stressful and chaotic. Participants learn how to achieve respectful, healthy relationships with their children.

**March 12 - April 16, 2026**  
**Thursdays, 5:30 - 6:30pm**

**LOCATION:**  
**735 Sunrise Ave, Suite 110**  
**Roseville, CA 95661**

You must be a Placer County resident to attend.

*The County of Placer Mental Health Services Act (MHSa) has provided funding.*