

Gain insights for:

- Improving communication
- Creating emotional intimacy
- Building trust
- Enhancing relationship skills
- Creating connections



Scan QR code to register.

Group Registration Form



For questions or additional assistance in registering for classes, contact:

Ashley Roberts, LPCC #17031
(916) 408-6617
Ashley@LighthouseFRC.org

LIGHTHOUSE COUNSELING AND
FAMILY RESOURCE CENTER
110 Gateway Drive, Suite 210 Lincoln, CA 95648
Main Line: (916) 645-3300
Website: www.LighthouseFRC.org

The Couple's Toolbox

Join us in this 4-week class
to learn skills and tips
to improve your marriage.

May 21 - June 25, 2026
Thursdays from 5:30-6:30pm

LOCATION:
Auburn, CA - Location TBD

You must be a Placer County resident to attend.

The County of Placer Mental Health Services Act
(MHSA) has provided funding.