

Family Resource Services

- Enhanced Care Management through CalAIM
- Cal Fresh and Medi-Cal Information, Education, Enrollment and Renewals
- Child Car Seat Safety Program
- Diaper Assistance Program
- Seasonal/Holiday Support Services
- Information and referrals to various community services including transportation, WIC, housing and utility assistance, vision assistance and more.



Counseling Services

Lighthouse offers low or no-cost, short-term counseling services to individuals, families, and couples living in Placer County and surrounding areas.

We offer support for individuals and families coping with difficult life transitions, relational issues, grief, trauma, mental health concerns and various other topics.

We offer psychoeducational groups throughout the year for those open to supporting their mental wellness.

Services offered in-person and via telehealth.

**Offices located in Lincoln,
Roseville, Auburn and Rocklin.**

LIGHTHOUSE COUNSELING AND FAMILY RESOURCE CENTER

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Lincoln, CA 95648

Main Line: (916) 645-3300
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